

## SKI TRIP CHECKLIST

- Towel/s
- Sleeping Bag
- Pillow
- PJ's
- Toiletries: Soap/Face cloth/Tooth brush/Tooth paste/Deodorant
- Underwear for 4 night / 5 days
- Socks (10 pairs at least 2 per day) - preferably long, not ankle socks that are not too thick as they can cause their feet to hurt during the day.
- 4 warm outfits for night activities (pants/jumper/jacket/socks/shoes)
- 1 outfit to wear home on bus (comfy clothes)
- 4x Tights/shorts/ to wear under ski pants (depending on weather = 1 per day)
- 4x Long sleeve tops/hoodie/shirt to wear under ski clothes (1 per day)
- 4 x singlets to wear under clothes and under ski clothes
- Enclosed shoes (joggers- don't have be snow shoes) to wear around camp when not on the snow and during night activities. Ski/snowboard boots will be worn on snow fields.

When students are skiing or snowboarding they should wear a singlet and/or shirt, a jumper and shorts/pants/tights under waterproof ski clothes (supplies if needed).

Students need to bring an outfit to wear on the bus to and from the camp. They also need an outfit to wear after skiing/snowboarding for night activities.

They are required to bring a towel/s, a sleeping bag, toiletries, one suitcase to fit clothes and a backpack to bring to the snowfields each day.

Hire of ski/snowboard equipment will be supplied as well as helmets, wrist guards, ski clothes, goggles and gloves (if needed). Students will be supplied with a neck warmer and drink bottle when we get to the camp by Jindabyne Sport and Recreation Camp.

Students will be supplied with plenty of food and drinks so no money is required unless they want to purchase souvenirs.