



Riverstone High School



Personal Responsibility In Delivering Excellence

BULLETIN – 5 AUGUST 2019

Monday 5 August

Year 6 Transition – Support Unit

Tuesday 6 August

Year 8 Subject Selection

Deadly Dreaming

Wednesday 7 August

P & C Meeting

Thursday 8 August

School to Work

After School Dance

Friday 9 August

Community Access

Blacktown Zone Gala Day

Monday 12 August

ACARA Item Trial – Year 7

Tuesday 13 August

Deadly Dreaming

Collegiate Science

Year 6 Transition – Support Unit

Wednesday 14 August

ACARA Item Trial – Year 9

Thursday 15 August

After School Dance

School to Work

Science in the City Excursion

Friday 16 August

Community Access

P & C MEETING

7 AUGUST 2019 AT 7.00 PM

SCHOOL LIBRARY

ALL WELCOME

TOP PRIDE POINT EARNERS

YEAR 7	-	Grace R
YEAR 8	-	Imojen M
YEAR 9	-	Zac L
YEAR 10	-	Paige K
SUPPORT	-	Danny P

“Effective people are not problem-minded; they’re opportunity-minded. They feed opportunities and starve problems.” - Stephen Covey

YEAR 8 MAINSTREAM SUBJECT SELECTION INFORMATION EVENING

**Tuesday, 6 August 2019 at 5.30pm
in the school hall.**

YEAR 8 MAINSTREAM SUBJECT SELECTION INFORMATION EVENING

Tuesday, 6 August 2019 at 5.30pm in the school hall.

The evening will provide students and parents/guardians with information about the elective subjects being offered for 2020/2021.

Parents/Guardians and students will have the opportunity to discuss with teachers appropriate subject choices for their child and to see displays from the electives offered to gain a better understanding of what each course offers.

On the evening, students are to collect their booklet outlining all subjects and fees. Within this booklet there will be further instructions outlining the subject selection online process.

LIBRARY NEWS

The library is getting ready to celebrate National Science Week 2019. *Destination Moon: more missions, more science*, is this year's theme, and we have a display in the library showcasing some amazing non-fiction works about space exploration, as well as science-fiction books that take place in space. During Science Week, many activities will be taking place in the library, so make sure you take part!

We are also on the home stretch for the 2019 Premier's Reading Challenge, which ends 30 August. Come see Ms Lynch in the library for ideas to complete the challenge and claim your 100 PRIDE points.

AFTER SCHOOL DANCE GROUP

On Thursday afternoons from 3pm until 4pm there will be an after school dance group. The dance group will be open to all students and will be working on a dance to be performed at the 2019 Showcase at the end of Term 3. The dance will be a contemporary piece and will be performed to the song 'You should see me in a crown' by Billie Eilish.

Any students who are interested in being involved can collect a permission note from the PE staffroom.

AIM HIGHER WESTERN SYDNEY UNIVERSITY – YEAR 7

Wednesday, 7 August our Year 7 students will be participating in the AIM Higher Program delivered by Western Sydney University. Aim Higher is a dynamic 50 minute high energy “magazine style” interactive performance that uses humour, music, multimedia and popular culture to engage, inspire and inform Year 7 students about the many different progression routes into tertiary education. Using identifiable characters and full interactive scenarios that the pupils can relate to, we will dispel any preconceptions or negative attitudes towards learning beyond the compulsory education period, raising awareness of the specific routes into university and their accessibility for all. It will be delivered over 1 period starting at 9.05.

SCHOOL TO WORK

Nine girls from Year 10 are participating in the School to Work program every Thursday of Term 3. The School to Work program assists young people to make a more successful transition from school to work and/or further education and training within a rapidly changing world. It recognises that students need to actively manage their career planning and development throughout their lives to benefit from all the challenges and opportunities that will arise in their future.

YEAR 7 GEOGRAPHY EXCURSION

The Places and Liveability Excursion will take place on Thursday 15 August 2019. The cost is \$36 and all notes and money need to be returned to the Front office by Friday 9 August.

Any Questions? Please see staff in the English/HSIE Faculty.

COMMUNITY ACCESS PROGRAM

All support students will continue to participate in the Community Access Program for 2019 this term. The program is run on Fridays **(Year 7-8 Week A) (Year 9-10 Week B)**. All students involved are learning how to use their Opal card, tell the time and make small purchases, locate and use public transport and facilities, behave appropriately in public and follow directions. Students are expected to come in full school uniform and display appropriate behaviours at all times.

Students will continue to leave Riverstone after roll call and will return by 2.40 pm.

Students are to have their own Opal Card and always have it topped up with enough credit for a return journey.

Students can bring their own food, however they will have the opportunity to purchase lunch each week please ensure your child has approximately \$10.00 for this. Please ensure your child has a full bottle of water.

Activities for Term 3 2019

Week	Stage 4 (7/8)	Stage 5 (9/10)
1 - (26/07/19)	Blacktown Showgrounds	
2 - (02/08/19)		Parramatta
3 - (09/08/19)	Parramatta	
4 - (16/08/19)		Castle Hill
5 - (23/08/19)	Parklea Markets	
6 - (30/08/19)		Parklea Markets
7 - (06/09/19)	Castle Hill	
8 - (13/09/19)		QVB
9 - (20/09/19)	Darling Harbour	
10 - (27/09/19)		At School (*Rewards Excursion)

THE CARLY RYAN FOUNDATION

Carly Ryan was 15-years-old when she was murdered by an online predator. It was the first crime of its type in Australia, occurring in 2007 when social media was a new phenomenon and paedophiles were starting to infiltrate the online space. Determined to help prevent harm to other innocent children and families and to help them navigate their online journey safely, Carly's mum Sonya started The Carly Ryan Foundation.

The Carly Ryan Foundation is a certified online safety program provider under the Office of the eSafety Commissioner and delivers online safety and healthy relationship seminars to students and parents. The organisation also provides a range of services and support in the areas of internet safety and crime, cyberbullying, connection to resources and counselling and contributing to law and policy reform.

Further information can be found at <https://www.carlyryanfoundation.com>

Throughout this term Carly Ryan Foundation App Fact Sheets will be sent home with the fortnightly bulletin to help parents understand the dangers of some of the most popular apps and websites.



Instagram is a photo and video sharing app that has been an almost exclusively mobile platform. Once the user has either taken/selected a photo or video they can scroll through the editing filters and experiment with the best one for that particular image.

How does it work?

After the user has created an account they can follow other Instagram users and 'like' or 'comment' on their photos and videos. Instagram is owned by Facebook and accounts between the two can be linked to verify the users age and identity.

Instagram accounts are public by default, but can be set to 'private' if the user wishes. If an account is set to public then it opens it up for any other user on Instagram to view. If the account is set to 'private' then only the users that follow the account are able to view it. Setting an account to private allows the user to choose who follows them, which gives the user more control of who is able to view their content.

Instagram is being used by young people to share their lives with their friends. Some challenges around the use of Instagram are young people taking nude selfies and seeking attention and acceptance from strangers, bullying comments and the ability to access inappropriate photos and videos. It is important you know how to block and report inappropriate users on Instagram.

Privacy Settings

Account settings can be found by selecting the three dots on the right hand side of the top of your profile page, scroll down to 'Privacy and security' - 'Account privacy' then switch on the toggle 'Private Account'.

We would recommend turning off the location function for the camera on the users mobile device. By doing this, it ensures that the location of where the photo was taken isn't embedded in the image.

If location services are turned on for the camera then any one can drag and drop a photos geotag information into a Google search and locate exactly where the photo was taken. For most smart devices, this option can be toggled within their 'Settings' menu.

How do I block or report another user on Instagram?

To report a post:

Tap the three dots above the post
Tap Report and follow the on-screen instructions

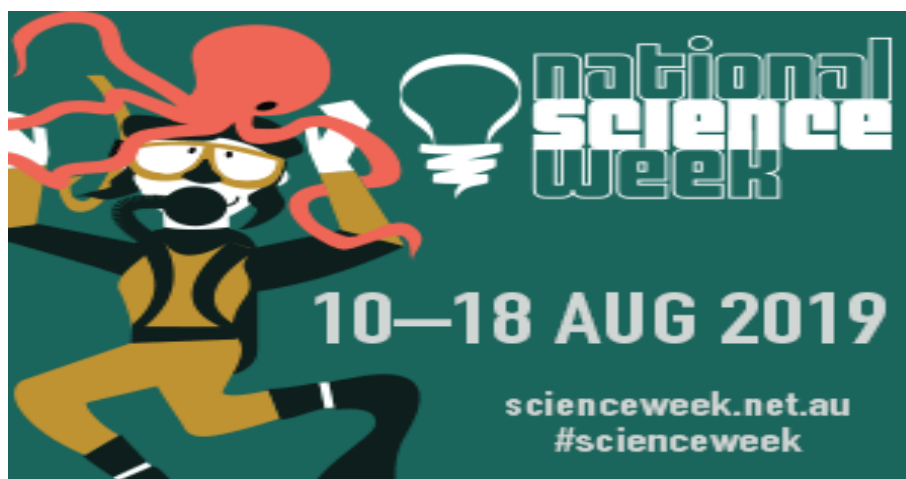
To report a profile:

Tap the three dots at the top of the profile
Tap Report and follow the on-screen instructions

Like any social media Instagram can be a positive social activity that keeps kids connected to their friends. Just be mindful of screen time and be aware of who they are connecting with. We always encourage open conversations around privacy and personal safety.

App Fact Sheets available from
the Carly Ryan Foundation. Please email:
info@carlyryanfoundation.com

SCIENCE INFORMATION



National Science Week will be held from Monday 12 August – 16 Friday. There are many activities occurring during this time recognising the achievements of science.

As part of National Science Week, Riverstone High School students will be engaged in various science activities:

Monday 12 August Paper Plane State Championship – Longest distance and longest airtime recess and lunch

Tuesday 13 August – Stage 4 Collegiate Science Competition

Wednesday 14 August – Chemical Bingo and Periodic Table recital in the library

Thursday 15 August – 8 PRIDE attending Science in the City excursion

Friday 16 August – delivery of astronaut ice-cream.

All Week in class, students will be competing in trivia quizzes to find the Trivia Science Champion.

A reminder for Year 7 students who would like to attend Taronga Zoo on 21 August to pay \$35 and bring their permission note in.

Year 9 students should all be working on their Major Science Projects as that is due Friday 16 August.



On Friday 16 August, we have the opportunity to purchase freeze dried ice-cream which was originally invented for the NASA Apollo space mission. Each packet is selling at **\$4.00** and will need to be pre-ordered by 9 August at the front office by filling out the form below.

NAME _____

ROLL CALL _____

NUMBER OF PACKETS _____

TOTAL COST _____