

OMG!

BANG

HELLO

LOL!

SMASH

YEAH

HEY

BOOM

**2021 TERM 2
PRIDE
PROJECTS**



BANG!

How to select your Pride Project

Make sure that you have looked at all of the options available for selection. This includes reading what will be included in the project and what the final product is that you will be working on each week.

You will receive an email to your @education.nsw.gov.au Follow the steps in the email to go to the site where you will make your selections.

You will need to see Ms Stewart in the PE staffroom to receive your code if;

- you are unable to access your school email account
- you did not receive an email
- you are a new student to Riverstone High School

Projects not listed to be selected:

- Dance
- Learn With League

If you think you would like to select these projects for Term 2 you need to see Ms Stewart in the PE Staffroom.



POW!



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A' LA Mode

What is this project about?

This project is for the fashionistas of RHS! 'A' La Mode' is a French phrase meaning 'on trend' or 'in style', which is the driving force behind this project.

Students will learn about fashion as the continually evolving form of self-expression through clothing. This will be explored through a series of fun, creative, hands-on activities that will build on students' knowledge of the elements of 'a' la mode' fashion.

What will you create?

- Students will encourage the RHS community to donate unused clothing through a campaign known as 'Offload to A'La Mode'
- Designing outfit packs to be donated to organisations such as The Salvation Army or Vinnies



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Anime Club

What is this project about?

Anime and manga are increasingly popular forms of entertainment. In Anime Club we will be viewing various anime films and TV shows, reading and sharing different manga, and writing reviews for those who aren't familiar with the genre.

There will also be other fun activities, such as trivia and games, and creating a guide for people new to the genre.

What will you create?

- A guide to Anime and Manga for people new to the genre.



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ArchiBULL Cow Competition

What is this project about?

Do you like art, designing, being creative and working as part of a team? In this project you will decorate a blank life size fibreglass cow to create an agricultural sustainability themed artwork.

What will you create?

- The finished product will be entered into the ArchiBULL prize competition and will be judged later in the year.

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Between the Lines

What is this project about?

Are you looking for a relaxing, quiet project?

Between the lines involves completing colouring in and paint by number projects individually and as part of a group.

What will you create?

- Finished projects will be proudly displayed around the school.



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Bicycle Recycle

What is this project about?

Do you want to learn how to fix up that old bike rusting away in the garage? Would you like to learn how to make repairs to your own bike? Maybe you're already an expert bike repairer and you'd like to share your skills! In our Bicycle Recycle project we'll be sourcing donated, pre-loved bikes that are in need of fixing up.

What will you create?

- We will be donating the refurbished bicycles to members of our community that are in need of a working bike.

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Drumming Upcycled

What is this project about?

Can you feel the beat? Do you want to do more to care for our planet? Well here you can do both while having a tonne of fun and learning new skills.

Students will form a percussion ensemble using ordinary items (junk) and re-purpose them to create a physical theatre performance. You will learn basic to advanced percussion/drumming skills and have the chance to pass that knowledge on to others.

What will you create?

- Performance for Primary School students.
- Student led workshops with Primary School students.

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Film Festival

What is this project about?

Grab a camera. It's time to start storytelling. 'The Bell Shakespeare Shorts Festival' invites students from across Australia to submit short films about or inspired by Shakespeare, that reflect Australian communities. Why not retell A Midsummer Night's Dream in the Australian outback, or reimagine the Hamlet quote "To thine own self be true," or even explore what would have happened to Juliet if she never met Romeo? The possibilities to reimagine Shakespeare are endless.

What will you create?

- A short film that re-imagines an aspect of William Shakespeare's work.



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Fitness

What is this project about?

This pride project will involve students learning about the important of physical fitness and training. Each week students will focus on different elements and components of training and have the opportunity to research, create and partake in fitness training programs.

What will you create?

- Students will create a fitness workbook, consisting of various exercises for each muscle part and training type.



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Friday Craft-A-Noon

What is this project about?

Are you interested in doing crafts or making items but are not sure that you want to be "locked in" to one craft for 20 hours? Then this is the PRIDE Project for you! Find that craft that you are passionate about - Tie-dyeing, Weaving, Card-Making, Knitting, Patchwork, Stitching, Up-cycling clothing and Macrame. Try one or try a few small quick projects, some of which are student led. Crafting lets you up-skill whilst socialising, building patience, resilience and positive wellbeing.

What will you create?

- You will make projects suitable for a market stall.



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Futsal

What is this project about?

Students will learn about the skills and tactics needed to be a great Futsal player. If you can master the basics there will be some trick shot challenges as well.

What will you create?

- Students will make instructional videos on how to play Futsal and showing off their trick shots and expert skills.



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Guitar Restoration

What is this project about?

This project is about restoring old and broken guitars so that they become payable again. A local luthier from Riverstone will be running masterclasses teaching students about proper ways to repair and restore guitars.

What will you create?

- Repairing of guitars that can be used again in the school.



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K-POP

What is this project about?

Exploring the phenomenon of K-Pop Dance. This project looks at the history of K-POP, choreography, trends and performance styles. Students who participate will look at sample choreography and develop their own K-POP routines/and or songs.

What will you create?

- A filmed or live K-POP performance with explanation and information about KPOP supplied.



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Jump Rope for Heart

What is this project about?

Raise money for the Heart Foundation by skipping! You'll learn cool skipping tricks and games, and have the chance to win prizes throughout the program.

You win prizes by raising money, there's even a bike up for grabs! Each week you'll learn new skipping tricks and games.

What will you create?

- Students will raise money for the Heart Foundation
- Organisation of a Jump Rope for Heart Jump off Day.

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Let's Grow

What is this project about?

This project is designed for those who want to learn about planting your own vegetables at low cost. We will learn about composting, mulching, soil texture and fertiliser. This is a hands-on course and you will 'get your hands dirty.'

What will you create?

- Fresh vegetables grown to be donated to Hawkesbury Community Kitchens.



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Marvel Comics

What is this project about?

Have you ever wanted to create your own hero? Do you love Marvel?

Throughout this Pride Project, we will explore the conventions of comic books and storytelling, explore what makes a good hero and villain, and investigate the different mediums of comic stories. By the end of this Pride Project, you will channel your inner Stan Lee and create your own comic book starring your very own hero.

What will you create?

- Students will develop comic books that can be donated to local primary school or children's hospitals.



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Polynesian Education

What is this project about?

Students would be sharing and widening their knowledge of different cultures in Polynesia. They will be learning the native language through discussions, research and songs. They can understand the cultural values through traditional dances, food and beliefs. Students would be choreographing their own songs and teach each other.

What will you create?

- Students will showcase their culture through performances, food sharing days, cultural dress days.
- Students will run mini sessions for students at the Primary Schools.

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Premier's Debating Challenge

What is this project about?

The Premier's Debating Challenge is open to all NSW government schools, with the aim of developing the public speaking and reasoning skills of students from Years 5 to 12. Students in this project will prepare to participate in the Premier's Debating Challenge for 2021.

What will you create?

- Participation in the 2021 Premier's Debating Challenge competition.



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Run Beyond

What is this project about?

The Run Beyond Project is a registered charity which works with students towards the completion of a Goal Race between 10km and a half-marathon in length. The goal may seem impossible at the outset, but through the program, you will receive lots of support and strategies to help complete your goal. The program includes a theoretical component, teaching you to set goals, provide a framework for modelling commitment to these goals, and develop strategies to be resilient when obstacles arise.

NOTE: Although no running experience is necessary, students will be required to complete a goal race of 10km minimum by the end of the term. Please consider your own fitness levels before electing to do this program.

What will you create?

- Goal event / race at the conclusion of the project.



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The Great Riverstone Bakeoff

What is this project about?

Do you enjoy baking and decorating cakes or cupcakes or are you looking to learn about the steps in design and creation of fondant cakes? The Great Riverstone Bake Off will allow you to learn skills in the steps of planning, designing, baking and decorating of a range of baked goods. You will also engage in mini masterclasses to build knowledge in different decoration styles such as fondant and piping.

What will you create?

- Students will demonstrate their skills through catering for school events.



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The Pride Cafe

What is this project about?

Students in the Pride Cafe will become trained baristas (course is for students over 14 years old only) who will learn how to make a range of drinks from coffee to milkshakes, to smoothies. Students will learn how to operate a cafe.

What will you create?

- Students will become trained baristas who will offer an afternoon tea to staff and members of the community.



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Tight Knit Community

What is this project about?

In this project, you will learn knitting skills to create knitted objects for charities including animal welfare, refuges and shelters. This is for everyone, from absolute beginners to those who have been knitting for years. You will learn different types of knitting, as well as how to read knitting patterns to create a variety of objects.

What will you create?

- Students will create a range of knitted objects to donate to local charities.



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Volleyball

What is this project about?

You will develop the key skills in volleyball such as serving, setting, blocking, digging, passing, hitting and many others. Volleyball combines the elements of fitness, muscle strength and tone, improves hand-eye coordination, reflexes, and balance.

What will you create?

- Improved representative Volleyball teams.



POW!